

GOOD CITIZEN'S CHART

Being a good citizen is important. Track your good deeds below by coloring in the days you feel like you behaved as a good citizen. Choose a good citizens deed from the list below or add one of your own. Try to complete one good deed for each day of the month

I _____, will be a good citizen for the month of _____.

SUN	MON	TUE	WED	THU	FRI	SAT
						
						
						
						
						

- Keep our beaches clean! Pick up trash at Sandy Beach, Hingham Harbor or Nantasket.
- Help Mom put away her basket at the Fruit Center Marketplace.
- Feed a bird.
- Tell a joke.
- Look to help at Hingham Food Pantry.
- Smile at everyone. It's contagious.
- Give someone in need some spare change.
- Make a homemade gift for someone.
- Read with Obadiah the Service Dog at one of the local libraries.
- Buy extra school supplies for a teacher.
- Help someone unload groceries.
- Dry the slides at the park with a towel after it rains.
- Donate a couple toys you don't use anymore to Goodwill.
- Compliment someone sitting next to you.
- Send a friend a positive text message.
- Head to one of the Hingham Fire Stations to ask about the trucks and say thank you for their service.
- Give up your seat to someone in need.
- Add extra time to someones parking meter.
- Share your toys at Sandy Beach with a friend or sibling.
- Walk a neighbor's dog.
- Give someone a hug.
- Help rake leaves, shovel snow or do yard work for a friend or neighbor.
- Use some chalk to make beautiful designs on the Cohasset Common.
- Give thanks for the everyday things, not just big acts of kindness.
- Share your food with someone at lunch time.
- Play with someone new at the Hingham Rec Center Park.
- Help someone else with their homework.
- Take out the trash for your neighbor.
- Color a picture, or make some baked goods and send it to Hingham Harbor House or the Allerton House.
- Offer to let a classmate go first.
- Say hi to a new friend at Over the Moon!
- Tell a member of the military or a veteran "Thank you for your service."
- Going to a new school can feel scary. Befriend a new students in class.
- Call your grandparents or other family member who you don't see often.
- Write a thank you note to a teacher, coach, postman, or someone you admire.
- If your a big lover of books and reading, leave a homemade bookmark for someone else to find.
- Be an advocate for something you feel strongly about. Whether your concerned about animals losing their habitat or your community having better schools. Write a letter to the government to make a difference.
- Volunteer at the Hingham Food Pantry with Mom and Dad.
- Leave a quarter in the candy machine for then next person to find.
- It's never easy to hear that someone you care for is sick. Brighten someones sick day with a get well care package.
- Visit someone at the hospital in need of cheering up.
- Help cheer up someone who looks down.
- Help your little siblings buckle their seat belt.
- Help someone clean up a mess.
- Hold your siblings hands when crossing the street and make sure to look both ways.
- Leave a tip next time you go to Red-Eye Roasters
- Leave a penny face side up for someone else to have good luck!
- Save electricity by unplugging your devices when not in use.
- Help your parents recycle and take out the trash.